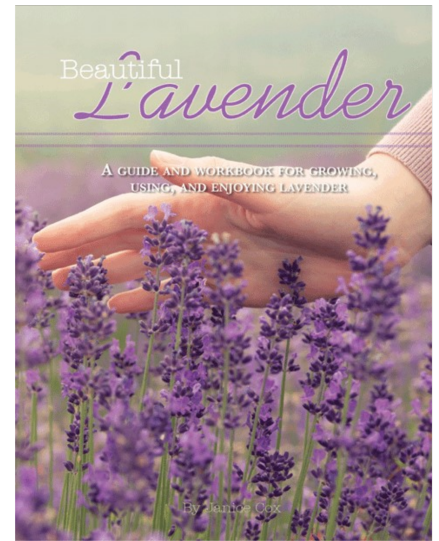




Lavender Bath Bombs

by Janice Cox

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Ingredients

- 1 cup baking soda
- 1 cup citric acid powder
- 1/2 cup cornstarch
- 1/4 cup lavender infused coconut oil
- 3-4 drops essential oil of lavender (optional)
- 1-2 tablespoons dried lavender buds

Directions

- In a large bowl combine the baking soda, citric acid powder and cornstarch.
- On the stovetop in a water bath melt the coconut oil until liquid. You can also use the microwave just watch it and don't over heat.
- Slowly stir the melted oil into the salt mixture until it resembles wet sand, and will hold together when squeezed. If you mixture is too wet add a bit more baking soda, too dry a little more oil.
- Stir in the lavender buds and essential oil. I like to place a few buds inside my molds.
- Press bath bomb mixture into a mold (muffin tin, bath bomb mold, ice cube tray).
- Let sit for a few hours to harden, then unmold and let sit overnight.
- Store in a dry container.

To use: Drop one or two bath bombs into a warm tub of water.

You can also use them for foot and hand baths just break into smaller pieces.

Yield: 16 ounces, about 6 bath bombs